



July 2018

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The Scoop

Step 7

“Humbly asked Him to remove our shortcomings.”

Since this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Show your gratitude for your sobriety, contribute one dollar to Central Office on your sobriety birthday for each year you have been sober.

The 7th Tradition

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

Self-supporting alcoholics? Who ever heard of such a thing? Yet we find that's what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody, usually money-wise. When a society composed entirely of alcoholics says it's going to pay its bills, that's really news.

Probably no A.A. Tradition had the labor pains this one did. In early times, we were all broke. When you add to this the habitual supposition that people ought to give money to alcoholics trying to stay sober, it can be understood why we thought we deserved a pile of folding money. What great things A.A. would be able to do with it? But oddly enough, people who had money thought otherwise. They figured that it was high time we now – sober – paid our own way. So our Fellowship stayed poor because it had to.

Daily Reflections excerpt on the 7th Step

In every case, pain had been the price of admission into a new life. But this admission price has

purchased more than we expected. It brought a measure of humility, which we soon discovered to be a healer of pain. 12 & 12, p. 75

It was painful to give up trying to control my life, even though success eluded me, and when life got too rough, I drank to escape. Accepting life on life's terms will be mastered through the humility I experience when I turn my will and my life over to the care of God, as I understand Him. With my life in God's care, fear, uncertainty, and anger are no longer my response to the portions of life that I would rather not have happen to me. The pain of living through these times will be healed by the knowledge that I have received the spiritual strength to survive.

Concept VII

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Winners of the Central Office Birthday Raffle

May winner: Charlie P.

Drop into Central Office during your birthday month and get your ticket for the Birthday Raffle. And, the best part, it is FREE!!

Quotable Quotes

Collected by Dano B.

I'm having the experiences without having the drink. *Dan E.*

Quotable Quotes heard at the 30th Ridgecrest Round Up from Carol C.

I didn't know what to do when I got here and then I was handed a blueprint.

I valued the drink more than I valued what would happen to me.

I began to take actions that say – "I like me!"

If you don't respect yourself, you can't expect respect from others.

Thank God that I tried to prove that A.A. didn't work.

Heard at the Ridgecrest Round Up from Marti R. from Texas

If you've got someone that's important in your life, then put them on paper.

As I continue to work these steps, I become principled.

Word Game

HUMILITY, ANGER, PRIDE, NEWCOMERS, WILL, HONESTY, PAIN, LOVE, UNITY, SLIPS, INVENTORY, TROUBLE, ILLNESS, WORRY, SERENITY, SERVICE, REMORSE

S	L	L	V	Y	T	I	N	E	R	E	S	S	U
E	L	B	U	O	R	T	I	S	P	E	T	I	W
R	I	Y	R	R	O	W	S	H	R	O	Y	Y	E
V	N	A	L	T	P	E	E	O	I	P	R	S	N
I	E	I	N	O	N	A	N	E	D	V	L	E	Y
C	W	C	C	L	V	L	I	E	E	I	I	T	P
E	C	E	L	O	E	E	E	N	P	T	S	L	W
R	O	I	O	E	E	L	I	S	C	E	E	S	E
Y	M	R	E	M	O	R	S	E	N	I	E	R	V
T	E	E	U	I	I	Y	L	O	W	I	E	S	R
I	R	Y	U	L	B	U	H	I	A	N	G	E	R
N	S	E	H	U	M	I	L	I	T	Y	R	B	T
U	N	M	N	Y	S	L	U	R	W	L	R	I	V
E	I	N	V	E	N	T	O	R	Y	V	M	Y	W

If I'm practicing the first 11 steps, I can't not do the 12th Step.

I have a front row seat to watch miracles every day.

From Ed at Wrightwood

A. A. goes beyond color because spirituality has no color.

Coming Events

Local Events

17th Annual Tehachapi Mountain Round-up
July 20 (8 am) – July 22
18061 Arosa Road
Tehachapi (cost \$15)

No local events are listed for August 2018. Please check back later for more information.
www.avcentraloffice.org

Other So. Cal Events

Big Book Workshop Weekend hosted by The Paramount Group. July 28 – July 29
Imperial Alano Club
8021 Rosecrans Ave,
Paramount. (Cost \$15)

26th Annual Foothill Round-Up
Aug. 3 (12:00pm) – Aug. 5
4543 Crown Ave, La Canada
Flintridge (Cost \$12)

15th Annual Mountain AA Conf.
Aug. 17 (7:00pm) – Aug 19
39707 Big Bear Blvd, Big Bear
(Cost \$35)

For additional information, go to:
www.avcentraloffice.org

Excerpt from ***Dr. Bob and the Good Oldtimers***

Chapter V. The alcoholic in the Oxford Group *(continued from June Scoop)*

It was Anne who persuaded Dr. Bob to go to Oxford Group meetings in the first place, but he later found himself attracted to members of the group "because of their seeming poise, health, and happiness.

"These people spoke with great freedom from embarrassment, which I could never do," he said. "They seemed very much at ease." Above all, Dr. Bob was impressed because "they seemed to be happy. I was self-conscious and ill at ease most of the time, my health was at the breaking point, and I was thoroughly miserable."

Dr. Bob realized that these newfound friends "had something I did not have." He thought he might profit from an association with them. If he did not, it wouldn't do him any harm.

Probably because of his earlier church experiences, his enthusiasm cooled somewhat when he found that their program had a spiritual aspect. However, it was reassuring to know that they did not meet in a church, but at the Mayflower Hotel and in private homes.

Dr. Bob and Anne were regular attenders at the West Hill group, which met on Thursday night. He and a few others might have been alcoholics, but he would not admit this in the beginning, when "I at no time sensed that it might be an answer to my liquor problem."

For the next two and a half years, Bob attended Oxford Group meeting regularly and gave much time and study to its

philosophy. It might be said, in fact, that he then embarked on a spiritual search destined to last for the rest of his life.

"I read everything I could find, and talked to everyone who I thought knew anything about it," Dr. Bob said. He read the Scriptures, studied the lives of the saints, and did what he could to soak up the spiritual and religious philosophies of the ages. Still, he got drunk.

Another of the regular attenders of the West Hill meeting was Henrietta Seiberling, daughter-in-law of Frank A. Seiberling, founder and first president of Goodyear Tire and Rubber Company. A graduate of Vassar College, Henrietta was at the time a young housewife with three teenage children who were also members of the Oxford Group.

As she recalled it (in 1978, the year before her death), a friend named Delphine Weber asked her one night in March or April 1935, "What are we going to do about Bob Smith?"

"What's wrong with him?" Henrietta asked.

He is a terrible drinker," Delphine replied, noting that he was having problems at the hospital and was practically bankrupt because of his drinking.

"I immediately felt guided that we should have a meeting for Bob Smith, before Bill (Wilson) ever came to Akron," said Henrietta. She went to fellow Oxford Groupers T. Henry and Clarace Williams and asked whether it would be possible to use their home as a meeting place. They readily agreed.

(Continued in August edition of the Scoop.)

July 2018 Office Manager Report

	Jan - May '18	Jun '18	YTD Total
Sales of Goods	\$22,316.60	\$3,979.95	\$26,296.55
Expenses	(\$19,152.37)	(\$2,290.80)	(\$21,443.17)
Cost of Goods	(\$16,668.65)	(\$2,684.55)	(\$19,353.20)
Contributions	\$8,575.30	\$2,895.13	\$11,470.43
Net Income	(\$4,929.12)	\$1,899.73	(\$3,029.39)



<i>Contributions</i>			
Group	Jan - May '18	Jun '18	2018 Total
A Gathering of Women	\$50.00		\$50.00
Alano Club	\$0.00		\$0.00
AM Mod	\$1,407.55	\$635.68	\$2,043.23
Anonymous	\$529.36	\$121.88	\$651.24
Any Lengths Group	\$0.00		\$0.00
Arbor Court	\$90.00	\$30.00	\$120.00
AV Hospital - Rm #CR101	\$100.00		\$100.00
AV Men's Stag	\$699.54	\$145.00	\$844.54
AV Round-Up	\$0.00		\$0.00
AVYPBYOC	\$37.50		\$37.50
Birthday	\$113.00	\$70.00	\$183.00
Cal City Clubhouse	\$0.00		\$0.00
Clubhouse Meeting	\$36.00	\$21.00	\$57.00
Crown Valley Grp	\$300.00	\$20.00	\$320.00
Gathering of Women	\$50.00		\$50.00
H & I	\$0.00		\$0.00
High Desert BB Grp	\$718.53	\$1,010.70	\$1,729.23
High Desert Hospital	\$0.00		\$0.00
Intergroup Fundraisers	\$1,031.00		\$1,031.00
Into Action	\$186.00		\$186.00
Lake Hughes Men's Stag	\$60.00		\$60.00
Lake Hughes Monday Night	\$0.00		\$0.00
Little Red Book	\$0.00		\$0.00
Mid-Day Mod	\$721.39	\$489.94	\$1,211.33
New Beginnings	\$0.00		\$0.00
Open Door	\$0.00		\$0.00
Palmdale Grp	\$826.58	\$73.92	\$900.50
Pearblossom Grp	\$370.00	\$105.01	\$475.01
PM Mod	\$78.39		\$78.39
Quartz Hill Unity Grp	\$540.90		\$540.90
Rainbow Grp	\$0.00		\$0.00
Rosamond Sun Night	\$78.39		\$78.39
Rule 62 Grp	\$200.00		\$200.00
Sat AM Men's Stag	\$0.00		\$0.00
SCV Sun Night Spkr	\$0.00		\$0.00
Spiritual Sunday - Alano	\$30.00		\$30.00
Step Workshop Mtg	\$0.00		\$0.00
Sun Night BBS	\$15.00		\$15.00
Thurs Night BBS @ Alano	\$0.00		\$0.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$99.56	\$172.00	\$271.56
Westside Grp	\$0.00		\$0.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$20.00		\$20.00
Women Seeking Serenity	\$275.00		\$275.00
TOTALS	\$8,663.69	\$2,895.13	\$11,558.82

Kevin B.	7/10/2014	4	Marc A.	7/28/2003	15
Eric R.	7/10/2012	6	Marv A.	7/1/2003	15
Lisa L.	7/24/2012	6	David S.	7/5/2002	16
Trevor B.	7/8/2012	6	Kelly O.	7/5/2001	17
Angela J.	7/5/2011	7	Peter U.	7/24/2001	17
Cathy W.	7/6/2011	7	Samuel G.	7/23/2001	17
Deanna R.	7/11/2011	7	Martie M.	7/31/2000	18
Donna T.	7/18/2011	7	Rebecca S.	7/6/2000	18
John S.	7/7/2011	7	Val H.	7/24/2000	18
Mark P.	7/13/2011	7	Alicia B.	7/10/1999	19
Heather D.	7/4/2010	8	David L.	7/1/1999	19
Janet P.	7/28/2010	8	Gordy S.	7/11/1999	19
Natasha H.	7/28/2010	8	Jeff H.	7/7/1999	19
Paula T.	7/23/2010	8	Andrew H.	7/15/1998	20
Reyna H.	7/17/2010	8	Myrna T.	7/5/1998	20
Rusty R.	7/4/2010	8	Cottrell O.	7/19/1997	21
Stacia V.	7/2/2010	8	Jimmv R.	7/20/1996	22
David W.	7/6/2009	9	Lvdia V.	7/27/1996	22
Dean M.	7/30/2009	9	Terry M.	7/15/1996	22
Jamie B.	7/27/2009	9	Addie T.	7/14/1995	23
John P.	7/5/2009	9	Bill G.	7/4/1995	23
Melinda W.	7/4/2008	9	Charles A.	7/27/1995	23
Bill G.	7/22/2008	10	Aaron A.	7/20/1994	24
Carol C.	7/19/2008	10	Pete K.	7/14/1994	24
Catherine J.	7/3/2008	10	Mike B.	7/6/1992	26
Randv D.	7/2/2008	10	Stephanie M.	7/8/1992	26
Steven V.	7/27/2008	10	Valentina S.	7/25/1992	26
Susan C.	7/28/2008	10	Brenda C.	7/17/1991	27
Yvette L.	7/19/2008	10	Dick O.	7/15/1991	27
Anna N.	7/15/2007	11	Jerry L.	7/4/1990	28
Anthony H.	7/5/2007	11	John W.	7/5/1990	28
Deena R.	7/13/2007	11	Rebecca R.	7/9/1990	28
John Carnev	7/19/2007	11	Herb S.	7/3/1989	29
Michael L.	7/9/2007	11	Sandra West	7/8/1989	29
Nancy C.	7/25/2007	11	Debbie S.	7/3/1988	30
Pat G.	7/6/2007	11	Annette K.	7/3/1987	31
Scott C.	7/16/2007	11	Diana C.	7/25/1987	31
Talisa C.	7/16/2007	11	Len T.	7/30/1987	31
Valerie D.	7/17/2007	11	Lorraine	7/30/1987	31
Bryan A.	7/5/2006	12	Marian G.	7/12/1987	31
Joe King	7/11/2006	12	Frank L.	7/16/1986	32
Kim J.	7/11/2006	12	Jeanie S.	7/22/1986	32
Polly P.	7/26/2006	12	Val D.	7/11/1986	32
Rebecca E.	7/4/2006	12	Susan H.	7/10/1985	33
Richard L.	7/10/2006	12	H. M. Mc.	7/1/1984	34
Jeremee	7/21/2005	13	Larry R.	7/7/1981	37
Monica M.	7/20/2005	13	Luanne	7/16/1981	37
Tammie M.	7/22/2005	13	Kate M.	7/28/1978	40
Lynn K.	7/1/2004	14	Nancy H.	7/31/1977	41
Diane C.	7/25/2003	15	Jerry G.	7/28/1976	42
Garv G.	7/11/2003	15	Mike H.	7/21/1976	42

Get your groups birthday list to Central Office . . . That's how they appear here!

Total Years = 1,832

Managers Corner

Thanks to all who contributed to Central Office for Founder's Month! We have been working hard to resolve some issues and find ways to serve our fellowship and still suffering alcoholics. These contributions will help us reach these goals! If you don't see your birthday on our monthly list please have your group pass a roster around and forward it to the office so we can get it straightened out. Our information is only as good as what is provided!

Thank You Saturday Volunteers!!

- 1st ~ Larry W. & Juan A.
- 2nd ~ Wendy W. & Vacant
- 3rd ~ Stephanie S. & Karen
- 4th ~ Debbie L. & Vacant
- 5th ~ Christine F. & Chris T.

Scoop 4

Don't forget to visit us on the Web!

